



LANDMARKS. Table Mountain alongside 1 000 other global landmarks is lit up in blue over the weekend as part of celebrations for the International Diabetes Federation's World Diabetes Day. *Picture: Oz Healthcare.*

Table Mount bathed in blue light

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UNDOUBTEDLY one of the most recognisable landmarks in the country, Table Mountain was illuminated in a shade of blue on Friday for the first time in three years.

Lit up in blue to mark World Diabetes Day on Saturday, Table Mountain joined the ranks of 1 000 other global iconic landmarks in-

cluding the Tower of Belem in Lisbon, the London Eye and the Sydney Opera House to be showcased in blue.

Organised by diabetes company Novo Nordisk, the event was made possible through the collaborated efforts of the South African National Parks and the City of Cape Town organisers in celebration of the In-

ternational Diabetes Federation (IDF) event which takes place annually on November 14.

Celebrated to commemorate the birthday of Frederick Banting, who with Charles Best first conceived the idea which led to the discovery of insulin in 1922, World Diabetes Day was first celebrated in 1991.

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